

APPENDIX B

VOCATIONAL WORKSHEET

May 25, 2017

NAME: Alberto *****
AGE: 52.6
DOB: October 29, 1964
DOA: December 23, 2014

ANTICIPATED LENGTH OF REHABILITATION PROGRAM:

Alberto will require ongoing monitoring of his orthopedic injuries to include his low back, PTSD, anxiety and depression. He will require future back surgery, and follow-up care. He continues to experience PTSD, anxiety and depression. Psychiatric care for medication management was recommended by Dr. Buchanan.

Mr. ***** will have additional neuropsychological evaluation with a Spanish speaking specialist, a nutrition evaluation and treatment with a psycho therapist. Evaluations will enable the specialist to formulate a treatment plan based on Mr. *****'s clinical picture. The therapist performing the initial evaluation would then determine the frequency and duration of ongoing sessions. The nutrition evaluation can address his complaint of constipation.

Dr. Bruggeman indicated diagnostic testing will be recommended based on the symptoms presented.

Mr. ***** presently performs a home exercise program directed by past therapists. Mr. ***** reports losing his footing and balance and should have a seat in place in the shower for safety. A power lift recliner is recommended to assist Mr. ***** while going from a sit to stand position by removing pressure off his low back, hips and legs. It was reported that Mr. ***** naps during the day because he wakes up from pain through the night. A recliner that can assist with positioning can provide an alternative place for resting and sleep. A reacher can assist Mr. ***** to retrieve items and should be replaced periodically to ensure continuous use.

This life care plan has incorporated the present medication schedule anticipating he will undergo the recommended surgery and can transition to over the counter products for exacerbations of increased pain through life. The medication name, dose and frequency may change and will be recommended by the specialist monitoring his use of prescription pain meds.

Mr. ***** requires assistance with activities that require pushing, pulling, lifting, bending, carrying, strength, stamina and balance. The amount of assistance he requires depends on his level of pain. Mrs. ***** assists her husband with all activities he is unable to do and will provide hands on physical assistance as needed. To replace her services, 8 hours per week of home maker services is included. Following surgery, the services of a live in attendant are included to replace Mrs. ***** and provide Mr. ***** with 24/7 on call as needed care.

Mr. ***** is unable to perform home maintenance activities and has in place, a lawn care service.

VOCATIONAL HANDICAPS

Mr. ***** reports having good days and bad days. Pain is always present ranging from an 8 to 10 out of 10. He reports headaches 3-4 times a week that start at the base of his neck and radiate up the back of his head to the top are relieved by over the counter products and rest. He reports no problems with his eyes, ears, nose, throat, mouth or teeth.

He reports pain in his neck that radiates down both shoulders and arms, more to the right. He reported no relief following the shoulder surgery on his right. He reports numbness in his right arm that goes from his elbow into his wrist and fingers. He reports cramping in the fingers of his right arm. He will use his left hand to massage the cramps from his right.

He reports a needle like stabbing, burning painful sensation in his upper, mid and lower back. The burning pain sensation radiates into both hips, more on the left. He reports pain goes into his both knees.

The pain will travel from his left hip to his knee to his left ankle. He is unable to put weight on the left side of his body. He stated he walks on the sides of his foot due to pain in the ankle. He stated he experiences cramping in the left foot. He reported feeling as though his left leg was giving out.

Mr. ***** reported the following:

- The maximum weight he can lift is less than 5 pounds
- He can sit up to 30 minutes before he must change positions. He will shift weight and change positions while sitting.
- He can stand for up to 30 minutes before he needs to sit. He leans on furniture or walls while in a standing position.

- He tries to walk daily but must stop every few feet to sit and rest. He experiences pain in his left leg and side when walking.
- He is unable to kneel, stoop or squat. He sits while in church.
- He ascends and descends stairs slowly using the foot to foot method while holding onto the guard rails.
- His balance is poor. He often feels as though he is going to fall.
- He reports difficulty going from a sit to stand position. He requires assistance from his cane, furniture, counters or another person to get up. He reports walking in a “hunched over” position when he rises and little by little will straighten up.

IMPACT ON PLACEMENT

Alberto has not been able to return to his position as a truck driver

IMPACT ON RANGE OF JOB ALTERNATIVES

Mr. *****' injuries will certainly preclude him from performing manual labor and driving for a living. His limited usage with the English language and academic level of achievement have precluded him from sedentary and light occupations.

REHABILITATION PLAN

See Life Care Plan.

VOCATIONAL DEVELOPMENT OPTIONS

PRE-ONSET

Continued placement in the labor market in his chosen field as a truck driver without requiring further formal education.

VOCATIONAL DEVELOPMENT OPTIONS

POST-ONSET

No return to work is anticipated at this time.

PRE-ACCIDENT VOCATIONAL OUTLOOK

At the time of injury, Alberto was employed, as a seasonal truck driver earning \$40,000.00 to \$50,000.00 per year.

Last position: Truck driver for company: Granos Y Semillas
Route: Texas, Louisiana and New Mexico

Length of time employed: 12 years

He was an employee of the company but received no benefits

No fixed schedule; he was paid by the trip, not paid by the hour. He and his employer agreed upon a percentage and when was paid when truck arrived. Work was seasonal. When crops were ready he would transport them by truck from silo to silo. He was not responsible for loading or unloading the truck.

Earnings: 40-50K in 6 mths.

Education:

9th grade

Language: Primary – Spanish, he states he can understand 60% English and can read 70% English.

Past Employment: Migrating field worker – Minnesota and Montana
Worked as a mechanic fixing cars and trucks

Came to the USA in 1991, has papers and green card
Never went to school in the US.

Height: 5'8

Weight: 210 lbs.

Uses a cane to walk on a bad day 60% of the time

Drives now but limited to 30 to 40 minutes behind wheel before he needs to get out and change positions. Cannot stay in the same position for extended periods.

POST-ACCIDENT VOCATIONAL ALTERNATIVES BY OPTION

No anticipated return to work is offered at this time. As stated previously in this report, Mr. ***** solely relied upon his physical body to work and earn wages; his earning capacity was dependent entirely upon his physical health. His lack of English skills and 9th grade education supports the above conclusion and thus, Mr. ***** has suffered a total loss of earning capacity.